

# Harvard Medical School Curriculum Vitae

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**Place of Birth:** Providence, Rhode Island

## Education

1983	A.B. Magna Cum Laude	Sociobiology	Harvard College
1987	M.D. Clinical Honors	Medicine	Columbia University College of Physicians and Surgeons

## Postdoctoral Training

1987-1988	Intern in Medicine	Neurology, Pediatrics and Psychiatry	University of California San Francisco
1988-1991	Resident in Psychiatry	Psychiatry	University of California San Francisco

1989-1991	Chief Resident in Psychiatry	Psychiatry Residency Training Program	University of California San Francisco
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### **Faculty Academic Appointments**

1991-1994	Assistant Clinical Professor		University of California San Francisco
1994-Pr	Lecturer in Psychiatry		Harvard Medical School
2009-Pr	Assistant Clinical Professor	David Geffen School of Medicine	University of California, Los Angeles

### **Appointments at Hospitals/Affiliated Institutions**

1994-2001	Staff Psychiatrist	Psychiatry Inpatient Service	Beth Israel Deaconess Medical Center
2001-2006	Neuropsychiatrist	Behavioral Neurology Unit	Beth Israel Deaconess Medical Center
2006-Pr	Consulting Psychiatrist	Psychiatry	Beth Israel Deaconess Medical Center

### **Other Professional Positions**

1990-1992	Assistant Team Leader, Psychiatry Consultation-Liaison Program		University of California, San Francisco
1991-1992	Clinical Supervisor, Psychiatric Emergency Services		Beth Israel Deaconess Medical Center
1991-1994	Member, Ethics Consultation Service, , Moffitt-Long Hospitals		Beth Israel Deaconess Medical Center
1991-1994	Attending Physician, Medical Psychiatry Consultation Practice		Beth Israel Deaconess Medical Center
1998-2002	Attending Psychiatrist, Clinical Ethics Support Service		Beth Israel Deaconess Medical Center

### **Major Administrative Leadership Positions**

**Local**

1994-2001	Associate Director, Psychiatry Inpatient Service	Beth Israel Deaconess Medical Center
1994-2001	Multidisciplinary Team Leader, Psychiatry Inpatient Service	Beth Israel Deaconess Medical Center
2004-2007	Associate Director for Medical Student Education in Psychiatry	Beth Israel Deaconess Medical Center

**Regional**

2008-2012	Executive Medical Director, Bridges to Recovery	Bridges to Recovery Psychiatric Intensive Residential Treatment Center, Pacific Palisades, California
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**National and International**

1994-2012	Member, Examining Committee	American Board of Psychiatry and Neurology
2006-2011	Member, Audio-Visual Committee	American Board of Psychiatry and Neurology
2009-2012	Member, Psychiatry Certification Committee	American Board of Psychiatry and Neurology
2013-2014	Executive Medical Director,	Breathe Life Healing Centers, New York Breathe Life Healing Centers and Los Angeles

**Committee Service****Local**

1995-Pr	Curriculum Committee	Harvard Medical School
1995-Pr	Member, Psychiatry 700MJ Course Planning Committee	Harvard Medical School
1996-2004	Training Committee, Psychiatry Department	Beth Israel Deaconess Medical Center
2004	Task Force on Psychopathology	Harvard Medical School Provided curricular recommendations for PGY 2 lecture series in Psychiatry

2004	HMS Psychiatry Task Force on Psychiatry 700MJ	Harvard Medical School. Developed and implemented of major course revision
2004-Pr	HMS Career Advising	Harvard Medical School Represent Psychiatry as a field and provide guidance regarding specific choices for individual students.
2013-2018	HMC Committee on Proposal Review	Harvard Medical School
2018-Pr	UCLA Medical Student Career Advising	David Geffen School of Medicine, UCLA

#### **Regional**

1990-1994	Residency Selection Committee	Langley Porter Psychiatric Institute University of California San Francisco
1991-1994	Professional Education Committee	Northern California Psychiatric Society
1991-1994	Medical Ethics Committee, Moffitt-Long Hospitals	University of California San Francisco

#### **National and International**

1994-2012	American Board of Psychiatry and Neurology Part II Oral Examination Committee.	Standing member of national traveling team administering and providing quality control of board certifying oral examination process.
2005-2011	American Board of Psychiatry and Neurology Part II Examinations Written Materials Committee	Responsible for conceptualizing, writing and editing original written vignettes for revised oral examination of professional competence leading to board certification.
2006-2011	American Board of Psychiatry and Neurology Part II Examinations A/V Materials Committee	Responsible for conceptualizing, writing and editing original video vignettes for revised oral examination of professional competence leading to board certification.
2009-2012	American Board of Psychiatry and Neurology Psychiatry Certification Examination Committee	Responsible for conceptualizing complete restructuring and creation of content for the ABPN Certification Exam

### Professional Societies

1978-1994	Physicians for Social Responsibility	Member
1983-1987	American Medical Students Association	Member
1985-1994	American Medical Association	Member
1985-1987	New York Medical Society	Member
1988-1994	Northern California Psychiatric Society	Member
1988-Pr	American Psychiatric Association	Distinguished Fellow
1991-Pr	Academy of Psychosomatic Medicine	Fellow
1991-Pr	Association of Academic Psychiatry	Member
1994-Pr	Massachusetts Psychiatric Society	Member
1994-Pr	Massachusetts Medical Society	Member
2007-Pr	Massachusetts Eating Disorder Association	Advisor
2013-Pr	The American College of Psychiatrists	Member

### Editorial Activities

#### **Other Editorial Roles**

1998-2003	Reviewer	Psychosomatics
2003-2005	Reviewer	Journal of Obesity Research
2006-2016	Reviewer	Current Psychiatry

### Honors and Prizes

1978	Semi-Finalist	National Merit Scholarship
1979-1983	Dean's List	Harvard College
1983	Magna Cum Laude	Harvard College

1987	Honors, Clinical Psychiatry	Columbia University
1991	Outstanding Small Group Teacher	School of Medicine, University of California San Francisco
1991	Alexander Simon Award of Excellence in Teaching	Department of Psychiatry, University of California San Francisco
1994- Pr	Fellow	Academy of Psychosomatic Medicine
1996, 1998	S. Robert Stone Outstanding Teacher	Harvard Medical School
2000	Outstanding Mentor	Harvard Medical School
2002	Nancy C.A. Roeske, M.D. Certificate of Excellence in Medical Student Education	American Psychiatric Association
2005-Pr	Fellow	American Psychiatric Association
2006	ABPN Service Commendation	Participation in over 20 Part II Examinations
2008	ABPN Service Commendation	Participation in over 25 Part II Examinations
2010	ABPN Service Commendation	Participation in over 30 Part II Examinations
2012`	ABPN Service Commendation	Participation in over 35 Part II Examinations
2007-pr	Best Doctors in America	Elected by Peers for Inclusion
2011-Pr	Member, Academy of Medical Educators	Beth Israel Deaconess Medical Center
2012-Pr	Member, Academy of Medical Educators	Harvard Medical School
2013-Pr	Member, American College of Psychiatrist	The American College of Psychiatrists
2018	Cynthia Kettle Award for Outstanding Teaching and Mentoring as well as Exceptional Leadership in Medical Student Education in Psychiatry	Harvard Medical School
2020	APA Distinguished Fellow	American Psychiatric Association

## **Report of Funded and Unfunded Projects**

### **Current Unfunded Projects**

2013	Development of implementation/assessment tool for effective small group teaching practices following presentations by the Beth Israel Deaconess Academy of Medical Educators.
2014-Pr	Development of standards and procedures for the safe and effective use of telepsychiatry in order to provide improved access to mental health and improved specialty care to patients.

## **Report of Local Teaching and Training**

### **Teaching of Students in Courses**

1994-2001	HMS Psychiatry 500M Core Clerkship in Psychiatry. Supervisor. Responsible for orientation to clinical responsibilities and supervision of clinical care. 4-12 medical students per rotation.	Harvard Medical School 1-2 hours/week
1994-Pr	HMS Psychiatry 700MJ Psychopathology and Introduction to Clinical Psychiatry. Preceptor. Assisted in implementation of course goals. 165-175 medical students. Led clinical interviewing exercise for 12 medical students.	Harvard Medical School 4 hours/week per semester
1995-Pr	HMS Psychiatry 700MJ Psychopathology and Introduction to Clinical Psychiatry. Site Director. Responsible for teaching and administrative oversight. 12-14 medical students per semester.	Harvard Medical School 4-8 hours/week
1995-1998	HMS Psychiatry 500M Core Clerkship in Psychiatry "Advanced Interviewing". Seminar Leader. 4-12 medical students per rotation.	Harvard Medical School 2 hours/week
1996-2004	HMS IN707 Human Nervous System and Behavior. Tutor. 8-20 medical students per year.	Harvard Medical School 6 hours/week

1996, 1998	HMS IN707 Human Nervous System and Behavior “Assessment and Treatment of Anxiety”. Lecturer. 165-175 medical students per year.	Harvard Medical School 6 hours/week
1997-2001	HMS Psychiatry 500M Core Clerkship in Psychiatry. Site Coordinator. 4-12 medical students per rotation.	Harvard Medical School 1-3 hours/week
1997-2000	HMS Psychiatry 500M Core Clerkship in Psychiatry “Psychopathology and the Approach to the Patient”. Seminar Leader. Responsible for teaching and administrative oversight. Developed succinct and practical approach to differential diagnosis in Psychiatry.	Harvard Medical School 1-3 hours/week Weekly throughout Academic Year
2000-Pr	HMS Psychiatry 500M Core Clerkship in Psychiatry “Psychopharmacology”. Core Seminar Leader. Responsible for teaching and administrative oversight. Developed unique curriculum for practical psychopharmacologic approach to patient care. 4-12 medical students per rotation.	Harvard Medical School 1-3 hours/week Weekly throughout Academic Year
2008-Pr	Doctoring 3, Preceptor. Responsible for directing a section of required course for 3rd year medical students. Topics include, professionalism, boundaries, medical errors, ethics, and medical economics.	David Geffen School of Medicine, UCLA
2016-Pr	HMS Psychiatry “Mind Brain Behavior” Core Faculty, Site and Section Leader. Responsible for assisting the Director of Medical Student in Psychiatry in curricular development, implementation, and quality assurance of new integrated course in the HMS New Pathway for Medical Education. 16-42 medical students per section	Harvard Medical School

#### **Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)**

1994-2001	Weekly Inpatient Case Conference	BIDMC Inpatient Service, 1 hour weekly
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### **Clinical Supervisory and Training Responsibilities**

1991-1994	Direct supervision on C/L Service	2 PG 2's and 1 PG 4 Daily clinical supervision, rounds, and 4 hours/wk additional 1:1 supervision
1994-2001	Patient-Psychiatrist, Harvard-Longwood Resident Training Program Harvard Medical School Preceptor responsible for leading group learning process on issues of professional responsibility.	8 residents per year, 2 hours/week
1994-2001	Direct Supervision of Inpatient Service	4 PG 2's and 1 PG 4 Daily clinical supervision, rounds, and 4 hours/wk additional 1:1 supervision
1994-Present	PG 1,2,3,4 Residents in Psychiatry, BIDMC	1-2 hours weekly

### **Formal Teaching of Peers (e.g., CME and other continuing education courses)**

1991	"Factitious Disorders" CME Course, American Psychiatric Association Annual Meeting, New Orleans, LA.	1 Presentation, New Orleans
2003	"Psychopharmacology of Energy and Fatigue" Neuroscience Education Institute, CME Lecture Series, 12 Presentations Nationally	12 Presentation annually
2004	"Deconstructing Syndromes into Symptoms" Neuroscience Education Institute, CME Lecture Series, 12 Presentations Nationally	12 Presentations annually
2004	Diagnostic Dilemmas in the Depressed Patient" Duke University CME Lecture Series, 12 Presentations Nationally	12 Presentations annually
2004	"Recent Advances in Pharmacotherapy of Residual Symptoms in Major Depression" Duke University CME Lecture Series, 12 Presentations Nationally	12 Presentations annually
2011	"Treatment of ADD" Pri-Med Conference Anaheim, Harvard Medical School, David Geffen School of Medicine, UCLA, CME Program	2 Presentations, Anaheim

2011	“Eliminating Residual Symptoms of Depression” Pri-Med Conference Anaheim Harvard Medical School, David Geffen School of Medicine, UCLA, CME Program	2 Presentations, Anaheim
2011	Guiding Strategies for Prediction and Prevention of Suffering, US Journal Conference, Newport, CA	1 Presentation, Newport Beach
2012	Getting the Jump on Prevention Utilizing Your Patient's Emotional Calendar, Prevention in Primary Care Practice: Pearls & Pitfalls, Beth Israel Deaconess, Harvard Medical School CME	1 Presentation, Boston
2013	Q & A with Psychiatry, Pri-Med Conference Boston, Harvard Medical School CME	1 Presentation, Boston

#### **Local Invited Presentations**

1995	The New Difficult Patient” Psychiatry Grand Rounds, Beth Israel Deaconess Medical Center
1995	“bnormal Illness Behaviors” Health Care Associates Conference, Department of Medicine Beth Israel Deaconess Medical Center
1996	Psychopharmacology and Analgesia” Department of Anesthesia Beth Israel Deaconess Medical Center
1996	Contemporary Inpatient Care” Grand Rounds, Department of Psychiatry Beth Israel Deaconess Medical Center
1997	Diagnosing and Treating Depression” Medical Housestaff Conference, Department of Medicine Beth Israel Deaconess Medical Center
1997	Interdisciplinary Inpatient Care” Grand Rounds Department of Rehabilitation Beth Israel Deaconess Medical Center
1998	Primary Care Psychiatry” Medical Housestaff Conference, Department of Medicine Beth Israel Deaconess Medical Center

- 1999      Ethical Issues in the Care of the Psychiatry Patient”  
Harvard Medical School Ethics Consortium
- 2000      Treatment of Depression and Anxiety”  
Housestaff Conference, Department of Medicine  
Beth-Israel Deaconess Medical Center
- 2001      Neuropsychiatric Treatment in Primary Care”  
Health Care Associates, Beth Israel Deaconess Medical Center
- 2002      Bipolar Disorder in Primary Care”  
Housestaff Conference, Department of Medicine  
Beth Israel Deaconess Medical Center
- 2003      Psychiatric Treatment of Obesity”  
Department of Social Work  
Beth Israel Deaconess Medical Center
- 2003      Integrated Treatment of Depression”  
Grand Rounds, Westwood Lodge  
Westwood MA
- 2003      Diagnosing and Treating Depression in Primary Care”  
Primary Care Conference, Department of Medicine  
Beth Israel Deaconess Medical Center
- 2004      Substance Abuse Treatment”  
Case Conference, Psychiatry Inpatient Service  
Beth Israel Deaconess Medical Center
- 2004      Treatment of Fatigue”  
Grand Rounds, Newport Naval Hospital  
Newport, RI
- 2004      Treatment Resistant Depression”  
Grand Rounds, Psychiatry Department  
St. Elizabeth’s Hospital  
Brighton, MA
- 2005      Campus ADHD”  
Grand Rounds, BU Student Health Services  
Boston University  
Boston MA
- 2005      Integrated Treatment”  
Case Conference, Psychiatry Inpatient Service  
Beth Israel Deaconess Medical Center

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| 2005    | Contemporary Treatment of Depression in the Medically Ill”<br>Grand Rounds, Anna Jacques Hospital, Newburyport, MA  |
| 2005    | Brain Circuitry in Clinical Care”<br>Grand Rounds, Psychiatry Department, St. Elizabeth’s Hospital<br>Brighton, MA  |
| 2005    | The Treatment of Inattention”<br>Harvard University Health Services<br>Cambridge, MA                                |
| 2005    | Controversies in the Treatment of ADHD”<br>Grand Rounds, McLean Hospital<br>Belmont, MA                             |
| 2006    | Integrated Treatment of Inattention”<br>Grand Rounds, Harvard University Health Services<br>Cambridge, MA           |
| 2007-Pr | Intensive Outpatient Care”<br>Case Conference, Psychiatry Inpatient Service<br>Beth Israel Deaconess Medical Center |

## **Report of Regional, National and International Invited Teaching and Presentations**

### **Invited Presentations and Courses**

#### **Regional**

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| 1990 | New Aspects in the Treatment of Factitious Disorders”<br>Psychiatry Grand Rounds, University of California San Francisco  |
| 1991 | Abnormal Illness Behavior”<br>Consultation-Liaison Service, UCSF San Francisco General Hospital   |
| 1991 | Consent and Competence in the Treatment of the Critically Ill”<br>Department of Medicine Quality Assurance Conference<br>University of California San Francisco |
| 1991 | Factitious Physical Disorders - Phenomenology and History”<br>CME Course, American Psychiatric Association Annual Meeting, New Orleans, LA                      |
| 1991 | Fluoxetine-Induced Analgesia”<br>Academy of Psychosomatic Medicine Annual Meeting Poster Session, Atlanta, GA   |
| 1991 | Relevant Psychiatry”  |

Department of Anesthesia Pain Management Center  
University of California San Francisco

- 1991-93      Consultation-Liaison Teaching—Advantages and Advances”  
Psychiatry Colloquia, Stanford University School of Medicine, Palo Alto, CA
- 1992          Treatment of Anxiety in HIV+ Women”  
AIDS Clinic  
Department of Medicine, University of California San Francisco
- 1993          Caring for Providers”  
AIDS Clinic, Department of Medicine  
University of California San Francisco
- 1993          Rational Polypharmacy in Treatment-Resistant Schizophrenia”  
CME Conference, Belmont Hills Hospital, Belmont CA
- 1993          General Management and Pharmacological Interventions of the Borderline Patient”  
Firm Meeting, Department of Medicine  
University of California San Francisco
- 1993          “The New Difficult Patient”  
Firm Meeting, Department of Medicine  
University of California San Francisco
- 1993          Boundaries in Clinical Practice”  
Chaplain’s Service, Clinical Pastoral Education  
University of California San Francisco
- 1993          Traditional Approaches to the Management of Anxiety”  
Stanford Center for Education and Professional Development  
Stanford University School of Nursing, Palo Alto, CA
- 1994          Clinic Day - A Model for Enhanced PGY 1 Experience on Medicine/Neurology”  
Association for Academic Psychiatry Annual Meeting, Palm Springs, CA
- 1998          Teaching Psychiatry to Primary Care Physicians”  
Psychiatry Housestaff Conference  
Brown University School of Medicine, Providence RI
- 1998          Refreshing Inpatient Psychiatry” Workshop  
Course Director, Association for Academic Psychiatry Annual Meeting , San Diego CA
- 1999          Doctors on Call” (Network TV News Magazine)  
Panelist, WABC-TV, Boston MA
- 2005          “Chronicle” (Network TV News Magazine)  
Featured Guest Commentator, WCVB-TV, Boston MA

- 2006 Contemporary Assessment and Treatment of Insomnia”  
Grand Rounds, Cedars-Sinai Pain Service  
Cedars-Sinai Medical Center, Los Angeles, CA
- 2007 Model Treatment of Insomnia Today”  
Mandalay Bay Hotel, Las Vegas. NV
- 2007 Treatment of Bipolar Disorder”  
San Diego Hyatt, San Diego, CA
- 2007 Treatment Resistant Depression”  
Nantucket Cottage Hospital, Nantucket, MA
- 2008 Comprehensive Residential Treatment”  
Moonview Sanctuary, Santa Monica, CA
- 2009 Intensive Psychodynamic Psychotherapy in Residential Treatment”  
Bridges to Recovery, Pacific Palisades, CA
- 2010-2014 Ask the Expert, “Treatment of Depression in Primary Care,  
All the Way Better: Treating Depression to Full Remission  
PriMed Current Clinical Issues in Primary Care  
Harvard Medical School
- 2015 Telemedicine Ready for Primetime  
Advances in Internal Medicine  
Harvard Medical School
- 2016 You’re Right to be Happy  
Aspen Valley Hospital Foundation, The Buddy Program, The Hope Center  
Aspen CO
- 2017 Change your Story, Transform your Life  
Multiservice Eating Disorder Association (MEDA) Annual Conference, Newton MA
- 2017 Change your Story, Transform your Life  
International Association of Eating Disorder Professionals (IAEDP) Annual Conference,  
Waltham, MA
- 2018 Health for the Holidays Presentation, Beacon Hill Civic Association
- 2019 Rethinking Storytelling, Beacon Hill Civic Association

**National**

- 2010 Recovery from Addiction

	The Today Show, NBC
2011	Seasonal Mood Variation NPR National Public Radio, On Point with Tom Ashbrook
2011	The Emotional Calendar NPR National Public Radio, Air Talk with Larry Mantle
2012	Medical Mystery Coverage of Mass Hysteria in LeRoy New York Dr Drew HLN
2012	Newtown Massacre Coverage of Trauma in Newtown, New York Justice with Judge Jeanine, Fox News
2013	Boston Strong Commentary on Boston Marathon bombing, Raising America, HLN
2015-16	Visiting Professorship, Department of Psychiatry Georgetown University School of Medicine
2016	The Value of Clinical Expertise in Digital health Systems, Lyra Health, Burlingame CA
2016	The Telepsychiatry Frontier, Google Executive Education Harvard Medical School External Education Programs Mountainview CA
2016	Medication Strategies in Psychosis, Allergan Harvard Medical School External Education Programs Dallas TX
2017	Practical Everyday Psychiatry, Update in Internal Medicine, Harvard Medical School, Beth Israel Deaconess Medical Center CME, Boston MA
2018	The use of Narrative in Psychiatry, Update in Internal Medicine, Harvard Medical School, Beth Israel Deaconess Medical Center CME, Boston MA
2020	A New Revolution in Psychiatry, Update in Internal Medicine, Harvard Medical School, Beth Israel Deaconess Medical Center CME, Boston MA
<b>International</b>	
2011	“The Emotional Calendar”, BBC Radio, All in the Mind with Claudia Hammond, England
2011	“Why Spring and Summer are Not What They Seem”, BBC World Service, England

2012	“Summertime”, Earthbeat Radio Netherlands Worldwide, Netherlands
2014	“American Medical Education, Physician Media Roles, and The Rise of Telepsychiatry”, Fudon University, Shanghai, China
2016	“Failure to Thrive in an Adolescent: Integrated Treatment Approaches in Psychiatry” Moscow, Russia
2017	“Change your Story, Transform your Life” TED Talk delivered at TEDxBeaconStreet
2019	Coping with Coronavirus Anxiety, HMS Harvard Health Publishing
2020	How to Not Practice Emotional Distancing, HMS Harvard Health Publishing
2020	Coping with the Coronavirus Pandemic for People with Anxiety disorders, HMS Harvard Health Publishing

## **Report of Clinical Activities and Innovations**

### **Current Licensure and Certification**

1988	Diplomat, National Board of Medical Examiners
1989-Pr	Licensure, California Board of Medical Quality Assurance
1991	Board Eligible in Psychiatry, American Board of Psychiatry and Neurology
1993-Pr	Board Certified in Psychiatry, American Board of Psychiatry and Neurology
1994-Pr	Licensure, Massachusetts Board of Registration in Medicine

### **Practice Activities**

1994- 2001	Inpatient Attending and Associate Director of Psychiatry Inpatient Services	Inpatient Services at the Beth-Israel Deaconess Medical Center.	Provided direct care for severely ill psychiatric and medical/psychiatric patients.
2001- 2004	Neuropsychiatrist	Behavioral Neurology Unit, Beth Israel Hospital	Provided assessment and treatment for patients with complex neurological and psychiatric conditions.



2004-Pr	Private Practice of Psychiatry and Neuropsychiatry	John R. Sharp, M.D., P.C. Brookline, MA and Los Angeles, CA	Providing integrated psychotherapy and psychopharmacology for adolescents and adults. Areas of clinical expertise are mood and anxiety disorders, as well as disorders of inattention, and emotional disturbances secondary to medical and neurological illness and eating disorders. Offering national and international case consultations for evaluation and treatment.
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### **Clinical Innovations**

Dual Diagnosis Clinical Aftercare Program	Developed and implemented six-month clinical aftercare program for recovering addicts following residential treatment in nationally televised setting.
Breathe Treatment	Collaborated in the development of a novel 90 day integrated treatment program for opiate addiction, alcohol abuse, binge eating & trauma.
Telepsychiatry	Chief Behavioral Health Officer, MDLIVE. Responsible for clinical innovation and implementation, leadership and external representation

## **Report of Education of Patients and Service to the Community**

### **Activities**

1997-2003	Chair, Alumni Steering Committee	The Park School, Brookline, Massachusetts
1998-Pr	Member, Board of Overseers	Planned Parenthood League of Massachusetts
2004-Pr	Consulting Psychiatrist	The Park School, Brookline, Massachusetts
2006-Pr	Member, Board of Overseers	The Park School Corporation
2011-2018	Member, Board of Directors	CrisisLink (Suicide Prevention Hotline), Washington DC

## **Educational Material for Patients and the Lay Community**

### **Books, monographs, articles and presentations in other media**

2011	The Emotional Calendar	Times Books\ Henry Holt & Company, New York
2018	The Insight Cure	Hay House Inc

### **Educational material or curricula developed for non-professional students**

2009-Pr	Twitter	Commentary	87K+ Follower
2011-Pr	Psychology Today	Blog	
2012-Pr	Huffington Post	Blog	
2019-Pr	Harvard Health Publishing	Blog	

## **Recognition**

2013	Prism Award for Outstanding Representation Entertainment Industries of Substance Abuse and Mental Health in Council. Received in Unscripted Non-Fiction Television.	Entertainment Industries Council. Received in Recognition of Rehab with Dr Drew Season 6
2013	ACP Elected Member	American College of Psychiatrists
2020	APA Distinguished Fellow	American Psychiatric Association

## **Report of Scholarship**

### **Publications**

Sharp JR, Hogan E, Miller M. Inpatient Residency Training in a Time of Change. Harvard Review of Psychiatry 1998; 6:49-52.

Sharp, JR, Keefe, BJ Psychiatry in Chronic Pain – A Review and Update. Current Psychiatry Reports. 2005.

### **Peer reviewed publications in print or other media**

Sharp JR. Psychotropic Drugs. In Warfield CA, Faust HJ, editors. Manual of Pain Management. Philadelphia: Lippincott, Williams and Wilkins, 2002.

### **Professional educational materials or reports, in print or other media**

Multiple appearances on over 300 local, national, and international radio stations including NPR, WBUR, KPCC, KISS, Sirius XM, BBC World Service, Radio Netherlands Worldwide

Multiple appearances as psychiatric medical expert on national television including NBC, ABC, MSNBC, CBS, FOX, CNN, HLN, VH1, and Extra!

Treating and On Call Psychiatrist, Celebrity Rehab with Dr Drew, 5<sup>th</sup> Season

Associate Medical Director and Director of Aftercare, Rehab with Dr Drew, 6<sup>th</sup> Season

### **Clinical Guidelines and Reports**

Martin P, Sharp JR. The Development and Implementation of an Innovative Approach to Teaching Consultation Liaison Psychiatry to Third Year Medical Students. Poster Session: Association for Academic Psychiatry, 1990, Palm Springs, CA.

Avery M, Sharp JR. Program for Residency Training in the Medical Psychiatry Consultation Practice. In Training Manual for Consultation-Liaison Program. Department of Psychiatry, University of California San Francisco 1991, San Francisco CA.

Avery M, Sharp JR. Program for Medical Student Education in the Medical Psychiatry Consultation Practice. In Training Manual for Consultation-Liaison Program. Department of Psychiatry, University of California San Francisco 1991, San Francisco CA.

Sharp JR, McInnes A. Psychiatric Consultation for the Borderline Patient: General Management and Targeted Psychopharmacologic Interventions. In Clinical Guidelines. Department of Psychiatry, University of California San Francisco 1993, San Francisco, CA.

### **Narrative Report (limit to 500 words)**

My three primary interests are: 1) Private practice and professional medical education: delivering the highest quality clinical care while conceptualizing and educating medical students and physicians in professional practice. 2) Assessment of training and professional competence according to standards set by the ABPN. 3) Dissemination of, authoritative, credible, medical commentary as author and medical expert in the national media. My clinical work is focused and interactive, incorporating analytically

oriented psychotherapy, object relations theory, self-psychology, and control mastery theory. I am known for my expertise in the personalized, integrated treatment of mood and anxiety disorders, attention deficit disorder, addiction, and eating disorders. In addition to the value I bring to the health of my patients, I am committed to the educational development of medical students, residents, peers in the healthcare professions, and the general public.

My academic work is directed towards developing, refining and teaching conceptual skills necessary to deliver the highest quality care. At the ABPN, I served as a standing member of national examining teams for two decades, providing experience and quality control. I served on three ABPN committees responsible for reestablishment of the Part II Oral examinations and for revision of the ABPN professional certification in Psychiatry, concluding my service only when the ABPN Part II Examinations ceased. I am fortunate to have a leadership role in the development of one of the HMS pre-clinical courses as a core faculty member and site director. Utilizing the CBCL pedagogy, flipped classroom techniques, and with the creation of original course content and concept videos, I am working at the forefront of medical education practices in accord with the new paradigm in learning.

With the publication of my first book, The Emotional Calendar: Understanding Seasonal Milestones to Become Happier, More Fulfilled and in Control of your Life, Times Books, Henry Holt & Co., New York, 2011, I became increasingly sought after by national radio and television outlets. Now recognized as an expert in the media, providing commentary on current events, human behavior, motivation, and psychopathology, my message is that mental health needs can be discussed openly and understood by all, and that more informed dialogue about the practical treatment of mental illness is helpful and required.

This year, with the publication of my second book, The Insight Cure, Change your Story, Transform your Life, Hay House, CA, 2018, I am expanding my message to address the how to's of professional treatment and effective self-care, now according to the new paradigm in the rise of telehealth and telewell-being. Furthermore, I am very interested in the how to's of medical student education, residency and professional training in the context of remote learning. Fortunately, my media training and experiences on the west coast have prepared me to be uniquely able to make significant contributions in Boston and globally.